

Date: 21.06.2022

Daily Report of Yoga fortnight

1. Yoga - 152 persons participated in Yoga session from 7:30 AM to 8:30 AM at Hospital and 15 persons participated in Yoga session from 9AM to 11 AM at Industrial Cluster- Varun Beverage pvt ltd MIA, Alwar.
2. Health Check-UP Camp - 20 persons attended at Hospital and 25 Persons attended from 9AM to 11 AM at Industrial Cluster - Varun Beverage pvt ltd MIA, Alwar.
3. Health Talk - Total 152 Persons Attended in Health Talk program at ESIC Medical College and Hospital, Alwar.
Topic- Effect of Yoga and its role in community Health.
Speaker -Dr.R.K.Pal, HoD-Community Medicine Dept.
4. Cleanliness Drive -
 - a. Basti-6 days cleanliness drive has been completed.
 - b. Hospital - Hospital lobby, ESIC MC&H, Alwar Rajasthan - Done by Nodal officer- Dr. Saroj Kumar Suman and Supervisor (Housekeeping) Sh. Suresh and Tejsingh along with housekeeping team.
5. International Day of Yoga celebrated on 21.06.2022. The chief guest was hounarble Dean I/c- Dr. V. Vijay, ESIC MCH Alwar. The program was inaugurated and a Punchdeep was enlighten by honorable Dean Dr. V. Vijaykumari and Dr. Ashit Mullick - Medical Superintended and Dr. Vivek Tiwari- Dy. Medical Superintended and other faculty members. 15 Awards was also distributed to regular and sincere participants of yoga and Cleanliness drive participants (House Keeping staffs).

All the photos of Above program are attached as PDF with this document.

Fortnight Activities Report on IDY-2022									
						Date:	21.06.2022		
Name of the Location	:	ESIC Medical College and Hospital, Alwar (Raj.)							
1	Number of persons attended in yoga session	:							
		At Hospital	:	152					
		At Industrial cluster	:	15					
		Total	:	167					
2	Health Check-up camp:	:							
		Number of persons attended at Hospital	:	20					
		Number of persons attended at industrial cluster:	:	25					
		Total number of persons attended at industrial cluster	:	45					
3	Health talk	:							
		Subject	:	Effect of Yoga and its role in community Health					
		Number of persons attended	:	152					
4	Cleanliness drive	:							
		Name of the Basti	:	Completed					